



PICKLEBALL COMMUNITY VOLUNTEER GROUP (PCVG) INSTRUCTIONAL PROGRAM SCHEDULE

October 7 - December 20, 2024
Lesson Time: 10am - 11:50am
Registration Required (more info below)

Check In at the Pickleball Courts 15 minutes prior to lesson start time

	MON	TUES	WED	THUR	FRI
Intro to Pickleball Virtual Classroom	All videos are found at pickleballcommunity.com. Select "Instructional Program" and then select "Virtual Classroom." These must be viewed prior to signing up for Intro to Pickleball Part One				
Intro to Pickleball Part One			Lake Miona 430-2950		Riverbend 674-8455
Beginner Mentored Play (BMP)	Clarendon 674-1946	Pimlico 259-6990	Aviary 674-8417		
Intro to Pickleball Part Two		Odell 750-2700			
Clinics (should be taken in order)	1. Non-Volley Zone Concepts Bacall 350-2281	1. Non-Volley Zone Concepts Franklin 674-1989	3. Strategy Play Concepts Part One Homestead 674-1971 4. Strategy Play Concepts Part Two Captiva 259-7422	2. Full Court Concepts Bradenton 674-8380	

REGISTRATION PROCESS

Registration for all classes must be completed online at pickleballcommunity.com, select 'Instructional Programs' then select the specific class you would like to sign up for. For additional info or questions please email pickleballcommunity@gmail.com

DISCLAIMER

If classes are canceled due to inclement weather, participants will need to sign up again for a future class following the same registration process detailed above. Classes will not be cancelled lessons until 60 minutes prior to class start time, unless deemed necessary for the public health and safety of all participants. Please check with the listed center for cancellations.

BEGINNER (BEG) AND ADVANCED BEGINNER (ADV BEG) OPEN PLAY SCHEDULE

Players participating in the Instructional Classes are encouraged to play at these Open Play times. No registration is required for these sessions, simply arrive at the courts and rotate in with the other players in attendance. Times may vary due to other programming or maintenance. For more info please contact the host Recreation Center or review the Recreation and Parks Publication, available online at DistrictGov.Org or at any Recreation Center.

	MON	TUE	WED	THUR	FRI	SAT/SUN
<u>BEG</u>	Colony Cottage 10-11:50 Eisenhower 10-11:50 Churchill 10-11:50 Ezell 10-11:50 Mulberry 10-11:50 [4]	Canal 10-11:50 Moyer 10-11:50 Ezell 10-11:50 Bradenton 10-11:50 Riverbend 10-11:50	Big Cypress 10-11:50 Colony 10-11:50 Saluki 10-11:50 Manatee 2-3:50	Big Cypress 10-11:50 Aviary: 10-11:50 Paradise 10-11:50 Canal 10-11:50 Chula Vista 10-11:50	Eisenhower 10-11:50 Everglades 10-11:50 Fish Hawk 10-11:50 Ezell 10-11:50 Churchill 10-11:50	SATURDAY Bacall 10-11:50 Churchill 10-11:50 Franklin 10-11:50 Rohan 10-11:50 Coconut 12-1:50 Manatee 2-3:50
	SUNDAY					
						Mulberry 10-11:50 [4] Big Cypress 10-11:50 Captiva 10-11:50 Water Lily 10-11:50 Spanish Moss 2-3:50 [3] Odell 4-5:50
<u>ADV BEG</u>	Big Cypress 10-11:50 Laurel Manor 10-11:50 Sea Breeze 10-11:50 Homestead 10-11:50	Coconut Cove 10-11:50 Homestead 10-11:50 Spanish Moss 2-3:50 [3]	Eisenhower 10-11:50 Sea Breeze 10-11:50 Fish Hawk 10-11:50 Cordoba 10-11:50	Eisenhower 10-11:50 Mulberry 10-11:50 [2] Riverbend 10-11:50 Truman 10-11:50 Coconut Cove 2-3:50	Big Cypress 10-11:50 Chula Vista 10-11:50 Sea Breeze 10-11:50 Dabney 10-11:50	SATURDAY Bradenton 10-11:50 Ezell 10-11:50 Water Lily 10-11:50 Truman 10-11:50
	SUNDAY					
						El Santiago 10-11:50 Bradenton 10-11:50 Coconut Cove 10-11:50 Eisenhower 12-1:50

BEGINNERS ARE ENCOURAGED TO PARTICIPATE AT PLAY TIMES SUITABLE TO THEIR SKILL LEVEL
Open Play at courts from 7-10am throughout The Villages is not recommended for beginners.

Description of Classes & Clinics

Intro to PB Virtual Classroom	Introduction to Pickleball: A virtual classroom is available at pickleballcommunity.com. Select Instructional Program and then select Virtual Classroom. This is required viewing prior to attending Intro to PB Part One.
Intro to PB Part One	Prerequisite is Virtual Classroom: Students will learn the physical demands of the game, as well as balance, footwork, and movement. Through eye-hand coordination drills & paddle drills they will learn paddle & ball interaction. Learning basic serves, ground strokes and dinks will prepare them to play. Instructors will advise students when they are ready to move on to Beginner Mentored Play.
Beginner Mentored Play (BMP)	Prerequisite is Intro to PB Part One: Students will attend five BMP sessions before moving onto Intro to PB Part Two, unless advised by the BMP Mentor to advance without attending 5 BMP sessions.
Intro to PB Part Two	Prerequisite is both Intro to PB Part One and the BMP series: Students will be taught how to practice and drill on their own through a series of drills. Focusing on the strokes learned in Part One, the students will dink, serve, and hit both forehand and backhand ground strokes. Some students, with advanced skills, may be taught additional strokes. Instructors will advise students when they are ready to move on to Skills Clinics.
Clinics	
Residents who have completed the Intro to PB courses and those residents who are trained elsewhere and meet the standards of a 3.0 player as defined on the pickleballcommunity.com website may sign up for these clinics. They must be taken in order and receive their instructor's recommendation to proceed to the Strategy Play Concepts clinics. Residents that have a 3.5 or higher rating may sign up for Strategy Play Concepts Part One without taking Non Volley Zone or Full Court Concepts clinics.	
Clinics	<p>1.Non Volley Zone Concepts: Development techniques to improve Non-Volley Zone shots using a games-based drill and play format. Instruction on creating open space, ball pace, moving opponents, ideal strike zone, paddle angles, and ball pathways to achieve a variety of shots for successful play.</p> <p>2.Full Court Concepts: Teaching the deep forehand and backhand ground strokes needed in the serve and return of serve. Focus on transitioning to the non-volley zone using the drop-shot via games-based drills and play.</p> <p>3.Strategy Play Concepts Part One: This is a circuit style class with 3 courts designated for Full Court game play, and 3 courts focused on strategies for the Non Volley Zone. Players rotate to all courts during the class time and intermix with other participants.</p> <p>4. Strategy Play Concepts Part Two: This class is designed to utilize your skills to execute a successful game plan against any opponent by introducing offensive and defensive strategies, with an emphasis on the transition zone.</p>

At all levels of instruction, we recommend that students practice what they have learned. Look in the Recreation & Parks Publication or check the schedule above for Beginner Play times. This court time is designed for beginner players to develop their game with players at a similar level.

For additional info, questions, or to sign up for e-mail updates please email pickleballcommunity@gmail.com or visit www.pickleballcommunity.com